

What's on the Menu?

October Breakfast

Daily Breakfast Sides: String Cheese, Yogurt Cup, Assorted Fruit Juice, Assorted Fruit, White or Flavored Milk
****Students must take a minimum of ½ cup fruit with their breakfast entrée choice.****

			Thurs.Oct.1	Fri.Oct.2
			Breakfast Burrito	Sausage & Cheese Biscuit
			Alternative Entrees: Assorted Cereal, Bagels w/ Assorted Cream Cheese, Muffins, Fruit & Granola Parfaits	
Mon.Oct.5	Tues.Oct.6	Wed.Oct.7	Thurs.Oct.8	Fri.Oct.9
Mini Maple Pancakes	Biscuit, Sausage Gravy	Strawberry Cream Cheese Stuffed Bagels	Breakfast Pizza	Cinnamon Twist
Alternative Entrees: Assorted BeneFIT Bars, Pop Tarts, Muffins, Cereal, & Fruit and Granola Parfaits				
Mon.Oct.12	Tues.Oct.13	Wed.Oct.14	Thurs.Oct.15	Fri.Oct.16
Mini French Toast	Breakfast Corn Dog	Ham & Cheese .Biscuit	Chocolate Chip Muffin Tops	Strawberry Pancake Puffs
Alternative Entrees: Assorted Bagels w/ Cream Cheese, Assorted Muffins & Cereal, Fruit and Granola Parfaits				
Mon.Oct.19	Tues.Oct.20	Wed.Oct.21	Thurs.Oct.22	Fri.Oct.23
Mini Confetti Pancakes	Biscuit, Sausage Gravy	Sausage & Cheese English Muffin	Cherry Frudel	Pancake Bites
Alternative Entrees: Assorted BeneFIT Bars, Pop Tarts, Muffins, Cereal, & Fruit and Granola Parfaits				
Mon.Oct.26	Tues.Oct.27	Wed.Oct.28	Thurs.Oct.29	Fri.Oct.30
Mini Waffles	Breakfast Burrito	Mini Cinni	Apple Strudel Bites	Breakfast Corn Dog
Alternative Entrees: Assorted Bagels w/ Cream Cheese, Assorted Muffins & Cereal, Fruit and Granola Parfaits				

Menus are subject to change without notice.
If you have a food allergy, please notify us.
 This institution is an equal opportunity provider.



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 serving up happy & healthy

What's on the Menu?

October Lunch

Daily Lunch Side Choices: Fresh Vegetables, Fruit, White or Flavored Milk

****Students must take a minimum of ½ cup fruit or vegetable with their entrée choice.****

			Mon.Oct.1	Tues.Oct.2
			Chicken Sandwiches	Chili Cheese Tots
			2Mato: Bosco Sticks, Mozzarella Sticks Grill: Cheeseburger, Chicken Sandwich; Tater Tots On the Go: Turkey Bacon Hoagie, Popcorn Chicken Salad, Nacho Bento Box, Fruit & Granola Parfait	
Mon.Oct.5	Tues.Oct.6	Wed.Oct.7	Thurs.Oct.8	Fri.Oct.9
Pancake & Sausage	Beef Soft Tacos	Popcorn Chicken, Macaroni & Cheese	Spaghetti & Meatballs	Homecoming "Cook Out"
2Mato: Bosco Sticks, Cheesy Pull Apart Bread Grill: Cheeseburger, Crisptos, Chicken Wings; Tater Tots On the Go: Crispy Chicken Wrap, Chef Salad, Pizza Bento Box, Fruit & Granola Parfait				
Mon.Oct.12	Tues.Oct.13	Wed.Oct.14	Thurs.Oct.15	Fri.Oct.16
Regular or Spicy Chicken Tenders	Beef Nachos	Tortellini Alfredo	Crispy "Fried" Chicken	½ Day- No Lunch Service
2Mato: Bosco Sticks, Pizza Crunchers Grill: Cheeseburger, Corn Dog; Fiesta Pizza; Tater Tots On the Go: Chicken Salad Sandwich, Taco Salad, Cheese & Cracker Bento Box, Fruit & Granola Parfait				
Mon.Oct.19	Tues.Oct.20	Wed.Oct.21	Thurs.Oct.22	Fri.Oct.23
French Bread Pizza	Chicken Quesadillas	Biscuits & Gravy, Cinnamon Twist, Sausage	Pulled Pork, Macaroni & Cheese	Grilled Cheese & Soup
2Mato: Bosco Sticks, Mozzarella Sticks Grill: Cheeseburger, Hot Dog, Crisptos; Tater Tots On the Go: Club Hoagie, Grilled Chicken Caesar Salad, Nacho Bento Box, Fruit & Granola Parfait				
Mon.Oct.26	Tues.Oct.27	Wed.Oct.28	Thurs.Oct.29	Fri.Oct.30
Cinnamon French Toast, Cheesy Scrambled Eggs	Beef Dorito or Frito Nachos	Orange or Sweet Chili Chicken w/ Veggie Fried Rice	Glazed Chicken Drumsticks	Spaghetti w/ Meat Sauce
2Mato: Bosco Sticks, Mozzarella Sticks Grill: Cheeseburger, Chicken Tenders; Tater Tots On the Go: Italian Wrap, Popcorn Chicken Salad, Pizza Bento Box, Fruit & Granola Parfait				

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