

What's on the Menu?

October Breakfast

Daily Breakfast Sides: String Cheese, Yogurt Cup, Assorted Fruit Juice, Assorted Fruit, White or Flavored Milk
****Students must take a minimum of ½ cup fruit with their breakfast entrée choice.****

			Thurs.Oct.1	Fri.Oct.2
			Sausage & Egg Breakfast Pizza Bagel -OR- Cinnamon Pop Tart Banana	Chocolate Chip Muffin Top -OR- Strawberry Pop Tart Whole Apple
Mon.Oct.5	Tues.Oct.6	Wed.Oct.7	Thurs.Oct.8	Fri.Oct.9
Mini Maple Waffles -OR- Bagel w/ Regular or Strawberry Cream Cheese Diced Strawberries	Biscuit, Sausage Gravy -OR- Bagel w/ Regular or Strawberry Cream Cheese Diced Pears	Buttered Toast, Sausage Patty -OR- Bagel w/ Regular or Strawberry Cream Cheese Clementine	Ham & Cheese Biscuit -OR- Bagel w/ Regular or Strawberry Cream Cheese Banana	Mini Cinni -OR- Bagel w/ Regular or Strawberry Cream Cheese Apple Slices
Mon.Oct.12	Tues.Oct.13	Wed.Oct.14	Thurs.Oct.15	Fri.Oct.16
Mini Confetti Pancakes -OR- Cinnamon Toast Crunch Whole Apple	Bacon Scramble Breakfast Pizza -OR- Frosted Mini Wheats Orange Wedges	Buttered Toast, Scrambled Eggs -OR- Lucky Charms Peach Cup	Sausage & Cheese Biscuit -OR- Trix Banana	French Toast Sticks -OR- Cocoa Puffs Applesauce
Mon.Oct.19	Tues.Oct.20	Wed.Oct.21	Thurs.Oct.22	Fri.Oct.23
Mini Blueberry Waffles -OR- Blueberry Muffin Pineapple Tidbits	Biscuit, Sausage Gravy -OR- Banana Muffin Diced Strawberries	Breakfast Corn Dog -OR- Chocolate Muffin Apple Slices	Ham & Cheese English Muffin -OR- Apple Cinnamon Muffin Banana	Strawberry Cream Cheese Stuffed Bagel -OR- Blueberry Muffin Diced Pears
Mon.Oct.26	Tues.Oct.27	Wed.Oct.28	Thurs.Oct.29	Fri.Oct.30
Mini Chocolate Chip French Toast -OR- Blueberry Parfait w/ Granola Whole Apple	Bacon Scramble Breakfast Pizza -OR- Blueberry Parfait w/ Granola Clementine	Mini Strawberry Pancake Puffs -OR- Blueberry Parfait w/ Granola Diced Peaches	Buttered Toast, Cheesy Egg Patty -OR- Blueberry Parfait w/ Granola Banana	Breakfast Burrito -OR- Blueberry Parfait w/ Granola Fruit Cocktail



What's on the Menu?

October Lunch

Daily Lunch Side Choices: Fresh Vegetables, Fruit, White or Flavored Milk
****Students must take a minimum of 1/2 cup fruit or vegetable with their entrée choice.****

		Thurs.Oct.1		Fri.Oct.2	
		French Toast Sticks, Sausage -OR- Cereal Fun Lunch (Cinnamon Toast Crunch, Pretzel Twists, Strawberry Banana Yogurt, String Cheese) <i>Steamed Carrots</i> <i>Broccoli Florets</i> <i>Diced Peaches</i>		Beef Hot Dog -OR- Cereal Fun Lunch (Cinnamon Toast Crunch, Pretzel Twists, Strawberry Banana Yogurt, String Cheese) <i>Seasoned Corn</i> <i>Baby Carrots</i> <i>Banana</i>	
Mon.Oct.5	Tues.Oct.6	Wed.Oct.7	Thurs.Oct.8	Fri.Oct.9	
Cheese Pizza -OR- Pretzel Fun Lunch (Soft Pretzel Rods, Cheddar Cheese Dip, Strawberry Yogurt) <i>Steamed Peas & Carrots</i> <i>Broccoli Florets</i> <i>Mandarin Oranges</i>	Beef Soft Tacos -OR- Pretzel Fun Lunch (Soft Pretzel Rods, Cheddar Cheese Dip, Strawberry Yogurt) <i>Steamed Corn</i> <i>Snap Peas</i> <i>Frozen Peach Cup</i>	Spaghetti & Meatballs, Garlic Toast -OR- Pretzel Fun Lunch (Soft Pretzel Rods, Cheddar Cheese Dip, Strawberry Yogurt) <i>Steamed Broccoli</i> <i>Tossed Garden Salad</i> <i>Blueberries</i>	Chicken Nuggets -OR- Pretzel Fun Lunch (Soft Pretzel Rods, Cheddar Cheese Dip, Strawberry Yogurt) <i>Curly Fries</i> <i>Snap Peas</i> <i>Applesauce</i>	Hot Turkey & Cheese Sliders -OR- Pretzel Fun Lunch (Soft Pretzel Rods, Cheddar Cheese Dip, Strawberry Yogurt) <i>Baked Beans</i> <i>Sliced Cucumbers</i> <i>Orange Wedges</i>	
Mon.Oct.12	Tues.Oct.13	Wed.Oct.14	Thurs.Oct.15	Fri.Oct.16	
Bosco Sticks -OR- Muffin Fun Lunch (Blueberry Muffin, Strawberry Yogurt, String Cheese, Goldfish Crackers) <i>Steamed Green Beans</i> <i>Baby Carrots</i> <i>Diced Pears</i>	Beef Nachos -OR- Muffin Fun Lunch (Blueberry Muffin, Strawberry Yogurt, String Cheese, Goldfish Crackers) <i>Refried Beans</i> <i>Bell Pepper Strips</i> <i>Pineapple Tidbits</i>	Chicken Nuggets, Dinner Roll -OR- Muffin Fun Lunch (Blueberry Muffin, Strawberry Yogurt, String Cheese, Goldfish Crackers) <i>Crinkle Cut Fries</i> <i>Cucumber Slices</i> <i>Apple Slices</i>	Mini Corn Dogs -OR- Muffin Fun Lunch (Blueberry Muffin, Strawberry Yogurt, String Cheese, Goldfish Crackers) <i>Steamed Broccoli</i> <i>Cherry Tomatoes</i> <i>Blueberries</i>	1/2 Day- No Lunch Service	
Mon.Oct.19	Tues.Oct.20	Wed.Oct.21	Thurs.Oct.22	Fri.Oct.23	
French Bread Pepperoni Pizza -OR- Deli Fun Lunch (Salami Slices, Cheese Cubes, WG Crackers) <i>Steamed Carrots</i> <i>Broccoli Florets</i> <i>Diced Peaches</i>	Pancakes, Sausage -OR- Deli Fun Lunch (Salami Slices, Cheese Cubes, WG Crackers) <i>Hashbrown</i> <i>Snap Peas</i> <i>Fruit Cocktail</i>	Chicken Tenders, Cornbread Poppers -OR- Deli Fun Lunch (Salami Slices, Cheese Cubes, WG Crackers) <i>Steamed Corn</i> <i>Tossed Garden Salad</i> <i>Orange Wedges</i>	Macaroni & Cheese, Breadstick -OR- Deli Fun Lunch (Salami Slices, Cheese Cubes, WG Crackers) <i>Steamed Green Beans</i> <i>Baby Carrots</i> <i>Mandarin Oranges</i>	Cheeseburger -OR- Deli Fun Lunch (Salami Slices, Cheese Cubes, WG Crackers) <i>Baked Beans</i> <i>Cucumber Slices</i> <i>Blueberries</i>	
Mon.Oct.26	Tues.Oct.27	Wed.Oct.28	Thurs.Oct.29	Fri.Oct.30	
Waffles, Scrambled Eggs -OR- Pizza Fun Lunch (Flatbread Rounds, Marinara Sauce, Mozzarella Cheese, Pepperoni) <i>Tater Tots</i> <i>Baby Carrots</i> <i>Pineapple Tidbits</i>	Beef Nachos -OR- Pizza Fun Lunch (Flatbread Rounds, Marinara Sauce, Mozzarella Cheese, Pepperoni) <i>Refried Beans</i> <i>Cherry Tomato</i> <i>Diced Strawberries</i>	Popcorn Chicken, Orange Sauce; Veggie Fried Rice -OR- Pizza Fun Lunch (Flatbread Rounds, Marinara Sauce, Mozzarella Cheese, Pepperoni) <i>Mixed Veggies</i> <i>Celery Sticks</i> <i>Grapes</i>	Spaghetti w/ Meat Sauce, Breadstick -OR- Pizza Fun Lunch (Flatbread Rounds, Marinara Sauce, Mozzarella Cheese, Pepperoni) <i>Steamed Green Beans</i> <i>Bell Peppers</i> <i>Diced Peaches</i>	Crispy Chicken Sandwich -OR- Pizza Fun Lunch (Flatbread Rounds, Marinara Sauce, Mozzarella Cheese, Pepperoni) <i>Cheesy Broccoli</i> <i>Cauliflower Florets</i> <i>Orange Wedges</i>	